

I used a patient decision aid\* to help me understand psoriasis and how it can be treated.  
Here's a summary of my decision making process.

## I ranked these treatment features as most important to me:

<i>most important</i>	<i>Risk of serious side effects</i>
	<i>Speed of results</i>
	<i>Convenience</i>
	<i>Cost</i>
	<i>How well treatment works</i>
<i>least important</i>	<i>Length of treatment</i>

## I would prefer to try...

1. *No treatment*
2. *Complementary & alternative*
3. *Topical treatments*
4. *Light treatments*
5. *Systemic treatments*
6. *Biologic treatments*

## I do not want to try...

### What is a patient decision aid?

Patient decision aids are tools to help people and their doctors make healthcare decisions together. This decision aid is for people making decisions about how to manage their psoriasis. It explains the treatments available for psoriasis in the United States and Canada and helps clarify the values that are important for choosing a treatment.

### Who created this patient decision aid?

This patient decision aid was created by a team of dermatologists and researchers from Windsor Clinical Research Inc. and The University of Colorado Denver. It was developed based on current clinical practice guidelines. Find out more about this patient decision aid, and the evidence used, at [www.informed-decisions.org](http://www.informed-decisions.org).